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**WORK PACKAGE 6**

**Preparing meals at an elderly person’s home**

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| Topic: | Basic cooking vocabulary |
| Level: | Basic User A1 to B1 |
| Aim(s): | To practise basic cooking vocabulary in order to be able to communicate with an elderly person who needs help in preparing meals at home. |
| Skill(s): | Speaking, listening, reading & writing |
| Approximate Timing: | 2 hours |
| Materials / preparation: | Slide projector (optional)  Photocopy the worksheets, one for each learner. |

### Teacher’s Instructions:

This exercise can be used as an ‘ice-breaker’, at the beginning of a unit training programme for carers of the elderly who are involved in the preparation of meals at home.

1. Using a projector, show the 3 pictures (on the following pages) for a few seconds each to the group of learners.
2. Switch the projector off.
3. Ask the group to focus on remembering the images they have just seen.
4. Go round the tables and ask: “How many objects do you think you can remember?”
5. Go round the room a second time, asking: “Tell me an object you memorised, that hasn’t already been mentioned by anyone.”
6. If the learner can’t call the object by its English name, ask: “What is this object like?…What do we use it for?”
7. Give out the ‘brainstorming’ worksheet and give learners time to do the exercises in pairs, within a set time.
8. Get feedback from the whole class before writing the answers on the board.
9. Learners should put the words on the board into categories, e.g. fruit & vegetables, cooking utensils.

Picture 1



Picture 2

Picture 3



Brainstorming:

Cooking Vocabulary

1/ Which cooking vocabulary (nouns) do you know?

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2/ Which verbs and actions related to cooking do you already know?

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Cooking vocabulary

🡺 Divide the words written out on the board into word categories.

Word category 1:

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Word category 2:

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Word category 3:

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Word category 4:

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